

Overture for the Human Spirit

-Or-

The Shanti Mantras

Frederic Bertino

A ♩ = 100 **B** ♩ = 160 **Presto**

4 4 9 9

pp

15

17

ff

3 3

22

The musical score for Example 22 consists of two staves. The top staff contains four whole rests, one in each measure. The bottom staff contains a sequence of eighth-note pairs. Each pair consists of a lower eighth note followed by a higher eighth note. An accent (>) is placed above the first note of each pair. The sequence of notes in the bottom staff is: G4-A4, A4-B4, B4-C5, C5-B4, B4-A4, A4-G4, G4-F#4, F#4-E4, E4-D4, D4-C4, C4-B3, B3-A3, A3-G3, G3-F#3, F#3-E3, E3-D3, D3-C3, C3-B2, B2-A2, A2-G2, G2-F#2, F#2-E2, E2-D2, D2-C2, C2-B1, B1-A1, A1-G1, G1-F#1, F#1-E1, E1-D1, D1-C1, C1-B0, B0-A0, A0-G0, G0-F#0, F#0-E0, E0-D0, D0-C0, C0-B-1, B-1-A-1, A-1-G-1, G-1-F#-1, F#-1-E-1, E-1-D-1, D-1-C-1, C-1-B-2, B-2-A-2, A-2-G-2, G-2-F#-2, F#-2-E-2, E-2-D-2, D-2-C-2, C-2-B-3, B-3-A-3, A-3-G-3, G-3-F#-3, F#-3-E-3, E-3-D-3, D-3-C-3, C-3-B-4, B-4-A-4, A-4-G-4, G-4-F#-4, F#-4-E-4, E-4-D-4, D-4-C-4, C-4-B-5, B-5-A-5, A-5-G-5, G-5-F#-5, F#-5-E-5, E-5-D-5, D-5-C-5, C-5-B-6, B-6-A-6, A-6-G-6, G-6-F#-6, F#-6-E-6, E-6-D-6, D-6-C-6, C-6-B-7, B-7-A-7, A-7-G-7, G-7-F#-7, F#-7-E-7, E-7-D-7, D-7-C-7, C-7-B-8, B-8-A-8, A-8-G-8, G-8-F#-8, F#-8-E-8, E-8-D-8, D-8-C-8, C-8-B-9, B-9-A-9, A-9-G-9, G-9-F#-9, F#-9-E-9, E-9-D-9, D-9-C-9, C-9-B-10, B-10-A-10, A-10-G-10, G-10-F#-10, F#-10-E-10, E-10-D-10, D-10-C-10, C-10-B-11, B-11-A-11, A-11-G-11, G-11-F#-11, F#-11-E-11, E-11-D-11, D-11-C-11, C-11-B-12, B-12-A-12, A-12-G-12, G-12-F#-12, F#-12-E-12, E-12-D-12, D-12-C-12, C-12-B-13, B-13-A-13, A-13-G-13, G-13-F#-13, F#-13-E-13, E-13-D-13, D-13-C-13, C-13-B-14, B-14-A-14, A-14-G-14, G-14-F#-14, F#-14-E-14, E-14-D-14, D-14-C-14, C-14-B-15, B-15-A-15, A-15-G-15, G-15-F#-15, F#-15-E-15, E-15-D-15, D-15-C-15, C-15-B-16, B-16-A-16, A-16-G-16, G-16-F#-16, F#-16-E-16, E-16-D-16, D-16-C-16, C-16-B-17, B-17-A-17, A-17-G-17, G-17-F#-17, F#-17-E-17, E-17-D-17, D-17-C-17, C-17-B-18, B-18-A-18, A-18-G-18, G-18-F#-18, F#-18-E-18, E-18-D-18, D-18-C-18, C-18-B-19, B-19-A-19, A-19-G-19, G-19-F#-19, F#-19-E-19, E-19-D-19, D-19-C-19, C-19-B-20, B-20-A-20, A-20-G-20, G-20-F#-20, F#-20-E-20, E-20-D-20, D-20-C-20, C-20-B-21, B-21-A-21, A-21-G-21, G-21-F#-21, F#-21-E-21, E-21-D-21, D-21-C-21, C-21-B-22, B-22-A-22, A-22-G-22, G-22-F#-22, F#-22-E-22, E-22-D-22, D-22-C-22, C-22-B-23, B-23-A-23, A-23-G-23, G-23-F#-23, F#-23-E-23, E-23-D-23, D-23-C-23, C-23-B-24, B-24-A-24, A-24-G-24, G-24-F#-24, F#-24-E-24, E-24-D-24, D-24-C-24, C-24-B-25, B-25-A-25, A-25-G-25, G-25-F#-25, F#-25-E-25, E-25-D-25, D-25-C-25, C-25-B-26, B-26-A-26, A-26-G-26, G-26-F#-26, F#-26-E-26, E-26-D-26, D-26-C-26, C-26-B-27, B-27-A-27, A-27-G-27, G-27-F#-27, F#-27-E-27, E-27-D-27, D-27-C-27, C-27-B-28, B-28-A-28, A-28-G-28, G-28-F#-28, F#-28-E-28, E-28-D-28, D-28-C-28, C-28-B-29, B-29-A-29, A-29-G-29, G-29-F#-29, F#-29-E-29, E-29-D-29, D-29-C-29, C-29-B-30, B-30-A-30, A-30-G-30, G-30-F#-30, F#-30-E-30, E-30-D-30, D-30-C-30, C-30-B-31, B-31-A-31, A-31-G-31, G-31-F#-31, F#-31-E-31, E-31-D-31, D-31-C-31, C-31-B-32, B-32-A-32, A-32-G-32, G-32-F#-32, F#-32-E-32, E-32-D-32, D-32-C-32, C-32-B-33, B-33-A-33, A-33-G-33, G-33-F#-33, F#-33-E-33, E-33-D-33, D-33-C-33, C-33-B-34, B-34-A-34, A-34-G-34, G-34-F#-34, F#-34-E-34, E-34-D-34, D-34-C-34, C-34-B-35, B-35-A-35, A-35-G-35, G-35-F#-35, F#-35-E-35, E-35-D-35, D-35-C-35, C-35-B-36, B-36-A-36, A-36-G-36, G-36-F#-36, F#-36-E-36, E-36-D-36, D-36-C-36, C-36-B-37, B-37-A-37, A-37-G-37, G-37-F#-37, F#-37-E-37, E-37-D-37, D-37-C-37, C-37-B-38, B-38-A-38, A-38-G-38, G-38-F#-38, F#-38-E-38, E-38-D-38, D-38-C-38, C-38-B-39, B-39-A-39, A-39-G-39, G-39-F#-39, F#-39-E-39, E-39-D-39, D-39-C-39, C-39-B-40, B-40-A-40, A-40-G-40, G-40-F#-40, F#-40-E-40, E-40-D-40, D-40-C-40, C-40-B-41, B-41-A-41, A-41-G-41, G-41-F#-41, F#-41-E-41, E-41-D-41, D-41-C-41, C-41-B-42, B-42-A-42, A-42-G-42, G-42-F#-42, F#-42-E-42, E-42-D-42, D-42-C-42, C-42-B-43, B-43-A-43, A-43-G-43, G-43-F#-43, F#-43-E-43, E-43-D-43, D-43-C-43, C-43-B-44, B-44-A-44, A-44-G-44, G-44-F#-44, F#-44-E-44, E-44-D-44, D-44-C-44, C-44-B-45, B-45-A-45, A-45-G-45, G-45-F#-45, F#-45-E-45, E-45-D-45, D-45-C-45, C-45-B-46, B-46-A-46, A-46-G-46, G-46-F#-46, F#-46-E-46, E-46-D-46, D-46-C-46, C-46-B-47, B-47-A-47, A-47-G-47, G-47-F#-47, F#-47-E-47, E-47-D-47, D-47-C-47, C-47-B-48, B-48-A-48, A-48-G-48, G-48-F#-48, F#-48-E-48, E-48-D-48, D-48-C-48, C-48-B-49, B-49-A-49, A-49-G-49, G-49-F#-49, F#-49-E-49, E-49-D-49, D-49-C-49, C-49-B-50, B-50-A-50, A-50-G-50, G-50-F#-50, F#-50-E-50, E-50-D-50, D-50-C-50, C-50-B-51, B-51-A-51, A-51-G-51, G-51-F#-51, F#-51-E-51, E-51-D-51, D-51-C-51, C-51-B-52, B-52-A-52, A-52-G-52, G-52-F#-52, F#-52-E-52, E-52-D-52, D-52-C-52, C-52-B-53, B-53-A-53, A-53-G-53, G-53-F#-53, F#-53-E-53, E-53-D-53, D-53-C-53, C-53-B-54, B-54-A-54, A-54-G-54, G-54-F#-54, F#-54-E-54, E-54-D-54, D-54-C-54, C-54-B-55, B-55-A-55, A-55-G-55, G-55-F#-55, F#-55-E-55, E-55-D-55, D-55-C-55, C-55-B-56, B-56-A-56, A-56-G-56, G-56-F#-56, F#-56-E-56, E-56-D-56, D-56-C-56, C-56-B-57, B-57-A-57, A-57-G-57, G-57-F#-57, F#-57-E-57, E-57-D-57, D-57-C-57, C-57-B-58, B-58-A-58, A-58-G-58, G-58-F#-58, F#-58-E-58, E-58-D-58, D-58-C-58, C-58-B-59, B-59-A-59, A-59-G-59, G-59-F#-59, F#-59-E-59, E-59-D-59, D-59-C-59, C-59-B-60, B-60-A-60, A-60-G-60, G-60-F#-60, F#-60-E-60, E-60

26 C

The musical score for measures 26-29 is as follows:

- Measure 26: Treble staff has a whole rest. Bass staff has a piano (*p*) dynamic marking.
- Measure 27: Treble staff has a whole rest. Bass staff has an eighth-note pattern: quarter rest, eighth note G4, eighth note A4, quarter rest, eighth note G4, eighth note F#4, quarter rest, eighth note G4, eighth note A4.
- Measure 28: Treble staff has a whole rest. Bass staff has an eighth-note pattern: quarter rest, eighth note G4, eighth note A4, quarter rest, eighth note G4, eighth note F#4, quarter rest, eighth note G4, eighth note A4.
- Measure 29: Treble staff has a whole rest. Bass staff has an eighth-note pattern: quarter rest, eighth note G4, eighth note A4, quarter rest, eighth note G4, eighth note F#4, quarter rest, eighth note G4, eighth note A4.

30

Example 10 (continued)

34

38

38

41 **D**

45

49

53

57

61

Measures 61-64: The right hand has a whole rest. The left hand plays a continuous eighth-note pattern with accents on every other note.

65

Measures 65-68: The right hand has a whole rest. The left hand plays a continuous eighth-note pattern with accents on every other note.

70

E ♩. = 100

F ♩. = 160

21 12 7

21 12 7

f *p*

Measures 70-73: The right hand has a whole rest. The left hand plays a continuous eighth-note pattern with accents on every other note. The notation includes a key signature change from E major to F major and a tempo change from 100 to 160. The measures are grouped into three sections: 21, 12, and 7 measures each.

112 **G**

4

4

mf

Measures 112-115: The right hand has a whole rest. The left hand plays a continuous eighth-note pattern with accents on every other note. The notation includes a key signature change from F major to G major and a dynamic marking of *mf*.

119

Measures 119-122: The right hand has a whole rest. The left hand plays a continuous eighth-note pattern with accents on every other note.

122

Measures 122-124. The top staff contains eighth notes with triplets. The bottom staff contains a single eighth note per measure.

125

Measures 125-127. The top staff contains eighth notes with triplets. The bottom staff contains a single eighth note per measure.

128

Measures 128-130. The top staff contains eighth notes with triplets. The bottom staff contains a single eighth note per measure.

131 $\text{♩} = 160$

Measures 131-133. Measure 131 has a repeat sign. Measure 132 has a box labeled 'H'. The top staff contains eighth notes with triplets. The bottom staff contains a single eighth note per measure.

134

Measures 134-136. The top staff contains eighth notes with triplets. The bottom staff contains a single eighth note per measure.

137

Measures 137-139. The top staff contains eighth notes with triplets in measures 137 and 138, and eighth notes in measure 139. The bottom staff contains whole rests in measures 137 and 138, and a half rest in measure 139.

140

Measures 140-142. The top staff contains eighth notes with triplets in measures 140 and 141, and eighth notes in measure 142. The bottom staff contains whole rests in measures 140 and 141, and a half rest in measure 142.

143

Measures 143-145. The top staff contains eighth notes with triplets in measures 143 and 144, and eighth notes in measure 145. The bottom staff contains whole rests in measures 143 and 144, and a half rest in measure 145.

146

Measures 146-147. Measure 146 contains eighth notes with triplets. Measure 147 contains eighth notes with triplets. A repeat sign is placed at the end of measure 146, and a double bar line is at the end of measure 147.

148 **I**

Measures 148-150. The top staff contains eighth notes with triplets in measures 148 and 149, and eighth notes in measure 150. The bottom staff contains whole rests in measures 148 and 149, and a half rest in measure 150.

151

Musical notation for measures 151-153. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

154

Musical notation for measures 154-156. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

157

Musical notation for measures 157-159. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

160 **J**

Musical notation for measures 160-162. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

163

Musical notation for measures 163-165. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

166

Measures 166-168. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

169

Measures 169-171. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

K
172

Measures 172-174. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

175

Measures 175-176. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

L
177

Measures 177-179. The top staff contains eighth notes with triplets marked '3'. The bottom staff contains whole rests.

180

Musical notation for measures 180-181. The top staff features a treble clef and a key signature of one sharp (F#). Measure 180 begins with a half rest, followed by a triplet of eighth notes (F#, G, A), a quarter note (B), and a quarter rest. Measure 181 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). The bottom staff, with a bass clef, contains two measures of whole rests.

M
182

M
Musical notation for measures 182-184. The top staff features a treble clef and a key signature of one sharp (F#). Measure 182 begins with a half rest, followed by a triplet of eighth notes (F#, G, A), a quarter note (B), and a quarter rest. Measure 183 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). Measure 184 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). The bottom staff, with a bass clef, contains three measures of whole rests.

185

Musical notation for measures 185-186. The top staff features a treble clef and a key signature of one sharp (F#). Measure 185 begins with a half rest, followed by a triplet of eighth notes (F#, G, A), a quarter note (B), and a quarter rest. Measure 186 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). The bottom staff, with a bass clef, contains two measures of whole rests.

N
187

N
Musical notation for measures 187-189. The top staff features a treble clef and a key signature of one sharp (F#). Measure 187 begins with a half rest, followed by a triplet of eighth notes (F#, G, A), a quarter note (B), and a quarter rest. Measure 188 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). Measure 189 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). The bottom staff, with a bass clef, contains three measures of whole rests.

190

Musical notation for measures 190-191. The top staff features a treble clef and a key signature of one sharp (F#). Measure 190 begins with a half rest, followed by a triplet of eighth notes (F#, G, A), a quarter note (B), and a quarter rest. Measure 191 starts with a quarter note (B), a quarter rest, a triplet of eighth notes (F#, G, A), and a quarter note (B). The bottom staff, with a bass clef, contains two measures of whole rests.

192 **O**

Musical score for measures 192-194. Measure 192 starts with a treble clef and a key signature of one sharp (F#). The melody consists of eighth notes with triplets marked '3'. The bass line has a single eighth note. Measures 193 and 194 continue the triplet pattern in the melody and have a single eighth note in the bass line.

195

Musical score for measures 195-197. Measure 195 continues the triplet pattern in the melody and has a single eighth note in the bass line. Measure 196 has a triplet in the melody, a single eighth note in the bass line, and a fermata over the final note. Measure 197 has a single eighth note in the melody and a single eighth note in the bass line.